

## Build an Emergency Kit

If you had no power, no running water, & no way to go to the store for three days, could your family survive?



If the answer is no, you need to build an emergency kit. Your kit should contain at least a three day supply of the following:

- WATER, 1 gallon per person, per day
- FOOD, that doesn't require refrigeration or heating (non-perishable)
- FIRST AID KIT
- MEDICATIONS, contacts & glasses
- BATTERY POWERED RADIO
- FLASHLIGHT & EXTRA BATTERIES
- WRENCH or PLIERS, to turn off utilities in case of evacuation (valves should be clearly labeled)
- IMPORTANT DOCUMENTS, including ID, insurance papers, & medical records
- SPECIAL NEEDS, essential items, for example extra wheelchair batteries
- KIDS, family picture, toy or comfort item
- PET KIT, water, food, sanitation items, crate, first aid kit, medications, medical records, id tag, collar, leash, toys, & a picture of you & your pet



Keep a Second Smaller Emergency Supply Kit to Take With You in Case of Evacuation (Include Clothing & Toiletries)

For more information  
Please visit: [ready.mt.gov](http://ready.mt.gov)



Governor Brian Schweitzer:  
"Montana has a long tradition of neighbor helping neighbor and it is this ethic of service and giving back to others that builds strong, vibrant communities."

Is Your Neighborhood Prepared?

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[ready.mt.gov](http://ready.mt.gov)



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# Are You Ready?

A Montanan's Guide to  
Preparing for Disasters



[ready.mt.gov](http://ready.mt.gov)

# Have a Plan

Whether it is planning fire escape routes at home or creating an emergency kit, preparing saves lives. You & your family should have a plan for the following:

## Communications Plan



Your family may not be together when a disaster strikes, so planning how to contact one another is essential. Depending on the incident, phone systems may make it difficult to place local calls, so appoint an out-of-state contact everyone can call, text or email.

## Evacuation Plan



Plan ahead to know where your family will go & how they will get there in the event of an evacuation. Choose several locations in different directions so you have options in the event of a disaster. Listen to official information from local authorities when deciding to stay or evacuate.

## Special Needs



Will you or someone you know need extra help in an emergency? Local officials on scene may not be able to immediately assist you. Create a personal support network of people who will be able to assist you in a disaster.

Remember: only Service Animals are permitted at most shelters. Plan & prepare for your pets. Research to find area hotels, kennels & veterinarians that will allow pets in an emergency.

# Get Involved

## Getting Involved



Did you know that there are volunteers who work to keep your community safe? They are members of your local Citizen Corps, part of the Federal Emergency Management Agency's (FEMA) grassroots strategy.

## Map Your Neighborhood (MYN)



Learn the "9 Steps to Take Immediately Following a Disaster" to secure your home and to protect your neighborhood.



## Community Emergency Response Team (CERT)

The CERT program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills: fire safety, light search and rescue, team organization, and disaster medical operations

## It's Your Responsibility

- Family Evacuation Plan
- Communication Plan
- Emergency Kit

Remember:

Talk through & practice your emergency plans before you need them.

Check & refresh your emergency kit when replacing your smoke detector batteries.

## Family Communications Plan

1. Fill out the information below
2. Give a copy to everyone in your family
3. Place a copy in your emergency kit

### Out-of-State Contact

NAME	CITY/STATE	
DAY PHONE	EVENING PHONE	CELL PHONE
E-MAIL		

### Family Members

1.	NAME	PHONE	E-MAIL
2.	NAME	PHONE	E-MAIL
3.	NAME	PHONE	E-MAIL
4.	NAME	PHONE	E-MAIL

### School/Daycare/Work Information

1.	SCHOOL/DAYCARE/WORK	PHONE
EVACUATION LOCATION		
2.	SCHOOL/DAYCARE/WORK	PHONE
EVACUATION LOCATION		
3.	SCHOOL/DAYCARE/WORK	PHONE
EVACUATION LOCATION		
4.	SCHOOL/DAYCARE/WORK	PHONE
EVACUATION LOCATION		

### Meeting Locations

1.	NEIGHBORHOOD MEETING PLACE	
2.	OUTSIDE THE NEIGHBORHOOD MEETING PLACE	
	ADDRESS	PHONE
ROUTE TO TRY FIRST		

For More Information Contact:



serve@mt.gov / 406.444.9077

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